

# Grace Senior Community

## October 2019

West State Street Boise Idaho



*Can you who  
with months  
spotlight is?*


Here are the clues. She was born in Minn, Minnesota to parent of Polish decent. Her favorite number is 714 because that is address of the home she grew up and it brings back good memories. She is the youngest in a family of six with 3 older brothers and 2 older sister.

She graduated from the University of Minnesota with a degree in public health and worked with people who had tuberculosis and other communicable Diseases


She enjoyed needle work and has a blanket in her room that she knitted a long time ago.

She met her husband in collage and they married in 1949. He was a Chemical Engineer and they enjoyed 54 years of marriage with their 1 son and 2 daughters.


### Here's Your October Lineup

Tuesday Oct 1<sup>st</sup> at 3:00  
Piano Music with   
Rolando Ortega

Thursday Oct 3<sup>rd</sup> at 3:00  
In the Library  
Gayle Chapman

Tuesday Oct 8<sup>th</sup> at 3:00  
Singing Duo   
Jeanne Squared

Friday Oct 11 at 2:00  
In the dining room  
The Edelweiss Band

Tuesday Oct 22<sup>nd</sup> at 3:00  
Music & Memories   
with Bruce and Pat

On Thursday October 31<sup>st</sup>  
at 10:00 a.m. the  
Trick-or-Treaters  
will be here.  
So stock up  
On Candy



### Happy Birthday



Jim W	10/6
Bill B	10/11
Roberta D	10/18
Janet B	10/20
Jean C	10/26
Faye T	10/29

During the day, I don't  
beleave in ghosts. At night,  
I'm a little  
more open-  
minded



### FLU SHOTS ARE COMING



If you would like to  
receive a flu shot  
sign up at the front  
desk. Also, Medicap  
Pharmacy was bought out by  
Redrock Pharmacy. If you  
receive any statements or  
invoices from RedRock this  
is due to this change over.

# October Outings

On Monday October 14<sup>th</sup> will be Breakfast with Brittney. The group will be going to the griddle

On Friday October 25<sup>th</sup> Lunch bunch will be going to Café Rio Mexican Grill

If you would like to participate in any of these outing sign up at the front desk.

## Left, Right, and Center

Logical people are left-brained, and creative people are right-brained, or so goes the persistent myth, a myth so popular that October had been declared Right Brainers Rule! Month. The idea that the brain has two different hemispheres and that people lean more favorably to one side than the other was largely perpetuated by research conducted in the 1960s. Those suffering from severe epilepsy had the bridge of nerves that connects both sides cut, and doctors showed that each side could act independently of the other. Of course, most of us have our bridges left intact, allowing both sides of our brain to operate together and function in integrated and coordinated ways. For this reason, there is no such thing as a truly right- or left-brained person.

### Fire Alarm Reminder

When the fire alarm goes off stay where you are. If you are in an activity or in the common areas follow staff instructions. If you are in your room, stay there with the door closed. Staff will come and give you the all clear when it is safe to resume.



It was October 3, 1849, election day, when an employee of the *Baltimore Sun* newspaper named Joseph W. Walker discovered a man lying in the gutter outside of his polling station. It was Edgar Allan Poe, but the writer was so delirious that he was unable to move or communicate. Many questions still lingered when Poe died just four days later. Why was Poe discovered wearing another man's clothes? And most importantly, what had befallen Poe to leave him in such a state? There are countless theories about his cause of death, including suicide, murder, cholera, tuberculosis, alcoholism, carbon monoxide poisoning, a brain tumor, the flu, and even rabies. Others claim that since Poe was discovered delirious on election day, he was the victim of cooping. This is when a person is drugged against their will and forced to vote for a candidate. Sadly, definitive evidence does not exist to prove any of these theories. To this day, no one really knows how Poe died, a fitting end for such a renowned master of the mysterious.

The writer Edgar Allan Poe's most famous works were macabre and mysterious, so perhaps it is fitting that Poe's death on October 7, 1849, is as mysterious as the stories he wrote throughout his life.