Sunday Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2019 Grace Assisted Living @ Fairview Lakes	9:20 Bingo 10:30 Catholic Mass w/Father John 10:45 Exercise 1:00 Christian Fellowship 2:30 Game Time 3:30 Book Club	2 9:20 Bingo 10:00 Coffee Hour w/Veterans 10:45 Exercise 1:00 Bible Study 2:30 Health Talk 3:30 Resident Council	3 9:20 Bingo w/Barbara 10:45 Chair Exercise 1:00 " <u>Shopping @</u> <u>Fred Meyer"</u> 3:30 Book Club	4 9:20 Bingo 10:45 Exercise 1:00 Mystery Ride 2:30 <u>"Music w/Sharon</u> <u>O. & Treat"</u> 4:00 Senior Sneakers "Bobbie M. B-Day"	5 10:00 Pinochle 1:00 Bingo w/Barbara
9:30 <u>LDS Church</u> <u>Meeting</u> 1:00 Movie 6:00 Sunday Night Church Service 6 6 9:20 Bingo 10:45 Exercise 1:00 Fancy Nails 2:00 Movie 4:00 Move It! 6:00 Music by 2 or More	9:20 Bingo 10:15 Catholic Service 10:45 Exercise 1:00 Christian Fellowship 2:30 Game Time 3:30 Book Club "Nancy S. B-Day"	9 9:20 Bingo 10:45 Exercise 1:00 Bible Study 2:30 Craft Project 4:00 Balance Exercise	9:20 Bingo w/Barbara 10 10:45 Exercise 12:00 Lunch@ Artic Circle 1:15 Shopping @ Big Lots 2:30 Meridian Library 3:30 Book Club "Mattie H. B-Day"	11 9:20 Bingo 10:45 Exercise 1:00 Mystery Ride 2:30 <u>"Music w/Rolando & Treat"</u> 4:00 Senior Sneakers	12 10:00 Pinochle 1:00 Bingo w/Barbara 2:30 Ian & Andrew on piano Tentative BSU tailgate party (depending on time and if available on our channels)
13 9:30 LDS Church Meeting 1:00 Movie 6:00 Sunday Night Church Service 13 9:20 Bingo 10:45 Exercise 1:00 Fancy Nails 2:00 Movie 4:00 Move It! "James M. B-Day" Columbus Day (US) Thanksgiving Day (Canada) Sukkot	15 9:20 Bingo 10:15 Catholic Service 10:45 Exercise 1:00 Christian Fellowship 2:30 Game Time 3:30 Book Club	9:20 Bingo	17 9:20 Bingo w/Barbara 10:45 Chair Exercise 1:00 " <u>Shopping @</u> <u>Wal Mart"</u> 3:30 Book Club	18 9:20 Bingo 10:45 Exercise 1:00 Mystery Ride 2:30 <u>"Music w/</u> <u>Spudman & October</u> <u>Birthdays"</u> 4:00 Senior Sneakers	19 10:00 Pinochle 1:00 Bingo w/Barbara
20 9:30 LDS Church <u>Meeting</u> 1:00 Movie 6:00 Sunday Night Church Service 20 9:20 Bingo 10:45 Exercise 1:00 Fancy Nails 2:00 Movie 4:00 Move It!	9:20 Bingo 10:15 Catholic Service 10:45 Exercise 1:00 Christian Fellowship 2:30 Game Time 3:30 Book Club "Luella W. B-Day" Simchat Torah	9:20 Christian 23 Fellowship @ State Street 1:00 Bible Study 2:00 Bingo 3:00 Exercise 6:00 Beauty night for the ladies with our Young Ladies from LDS Church	24 9:20 Bingo w/Barbara 10:45 Exercise 1:00 " <u>Shopping @</u> <u>Dollar Tree"</u> 2:30 Meridian Library 3:30 Book Club	25 9:20 Bingo 10:45 Exercise 1:00 Mystery Ride 2:30 <u>"Open Mike</u> w/Don & Happy Hour	26 10:00 Bingo w/Barbara 2:00 – 4:00 Harvest Festival Music by Bobby Darin "Charlene B. B-Day"
9:30 LDS Church 9:20 Bingo Meeting 10:45 Exercise	9:20 Bingo2910:15 Catholic Service10:15 PolarisHalloween Program &Trick or Treat1:00 ChristianFellowship2:30 Game Time3:30 Book Club	30 9:20 Bingo 10:45 Exercise 1:00 Movie 3:00 Men's Group 4:00 Balance Exercise	31 9:20 Bingo w/Barbara 10:45 Exercise 1:00 " <u>Shopping @</u> <u>TBD"</u> 3:30 Book Club		
4960 N. Lakes Pl., Meridian 83646 Activi	ties are subject to cha	ange. Please see daily	v tabletop activity she	et.	