| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|---|--|---|
| | de la | Sember isted Living @ Fa | | | 9:20 Bingo 10:45 Exercise 1:00 Mystery Ride 2:30 "Music w/Bruce Boatner & Treat" 4:00 Senior Sneakers | 2 10:00 Pinochle 1:00 Bingo w/Barbara |
| | 9:20 Bingo 10:00 Coffee Hour w/Veterans 10:45 Exercise 1:00 Fancy Nails 2:00 Movie 6:00 Music by 2 or More | 9:20 Bingo 10:30 Catholic Mass w/Father John 10:45 Exercise 1:00 Christian Fellowship 2:30 Game Time 3:30 Book Club | 9:20 Bingo 10:45 Exercise 1:00 Bible Study 2:30 Craft Project 4:00 Balance Exercises FOOT CLINIC "Mary C. B-Day" | 7 9:20 Bingo w/Barbara 10:45 Chair Exercise 1:00 "Shopping @ Fred Meyer" 3:30 Book Club | 9:20 Bingo 10:30 Veteran's Program @ Chief Joseph 1:00 Mystery Ride 2:30 <u>"Music w/Rolando</u> & Treat" 4:00 Senior Sneakers | 9 10:00 Pinochle 1:00 Bingo w/Barbara "Laura S. B-Day" |
| 10 | 9:20 Bingo 10:45 Exercise 12:00 Veterans Luncheon 1:00 Fancy Nails 2:00 Movie 4:00 Move It! Veterans Day (US) Remembrance Day (Canada) | 9:20 Bingo 10:15 Catholic Service 10:45 Exercise 1:00 Christian Fellowship 2:30 Game Time 3:30 Book Club | 9:20 Bingo 10:45 Exercise 1:00 Bible Study 2:00 Stars & Spurs Puppet Show 4:00 Balance Exercise | 9:20 Bingo w/Barbara 10:45 Exercise 12:00 Lunch@ Café Ole 1:15 Shopping @ TBD | 9:20 Bingo 10:45 Exercise 1:00 Mystery Ride 2:30 "Music w/ Spudman & November Birthdays" 4:00 Senior Sneakers | 16 10:00 Pinochle 1:00 Bingo w/Barbara |
| 9:30 <u>LDS Church</u> <u>Meeting</u> 1:00 Movie 6:00 Sunday Night Church Service | 9:20 Bingo 10:45 Exercise 1:00 Fancy Nails 2:00 Movie 4:00 Move It! | 9:20 Bingo 10:15 Catholic Service 10:45 Exercise 1:00 Christian Fellowship 2:30 Game Time 3:30 Book Club | 9:20 Bingo 10:45 Exercise 1:00 Bible Study 2:00 Rosaries w/Eva 4:00 Balance Exercise "Jerry B. B-Day" | 9:20 Bingo w/Barbara 10:45 Chair Exercise 1:00 "Shopping @ Wal Mart" 3:30 Book Club | 9:20 Bingo 22 10:45 Exercise 10:30 Cole Valley Christian Service Project 1:00 Mystery Ride 2:30 "Music w/Gayle C. & Treat" 4:00 Happy Hour "Gary H. B-Day" | 23 10:00 Pinochle 1:00 Bingo w/Barbara |
| 9:30 <u>LDS Church</u> <u>Meeting</u> 1:00 Movie 6:00 Sunday Night Church Service | 9:20 Bingo 10:45 Exercise 1:00 Shopping @ Dollar Tree 3:00 Fancy Nails 4:00 Move It! | 9:20 Bingo 10:15 Catholic Service 10:45 Exercise 1:00 Christian Fellowship 2:00 Hospice Singers 3:30 Book Club | 9:20 Christian Fellowship @ State Street 1:00 Bible Study 2:00 Bingo 3:00 Exercise | | 9:20 Bingo 10:45 Exercise 1:00 Mystery Ride 2:30 "Music w/Samuel Henry & Treat" 4:00 Senior Sneakers | 30 10:00 Pinochle 1:00 Bingo w/Barbara |