

February 2020

# Grace Assisted Living

ENGLEFIELD GREEN 250 SOUTH ALLUMBAUGH WAY, BOISE, IDAHO 83709 PHONE 208-322-8080



*Happy February everyone!! Here's hoping everyone has a fabulous Month and don't forget to attend the Valentine's Day Party on the 14<sup>th</sup>, Family and friends are of course welcomed as well!!!*

## NURSING NEWS

*Hi everyone!* We in the office really have enjoyed getting to know you! Please don't be hesitant to come and talk to us about any concerns or questions you might have. A few of us are still new and learning so we want to thank you for being patient with us while being so welcoming. As you all know, the flu season is still among us and the best thing you can do to protect yourself and others is washing your hands frequently. Protect your immune system by getting a good night's sleep, drinking plenty of water, staying active and keeping up on nutrition. If you do begin to develop flu symptoms, rest, fluids and certain medications such as Tylenol can be a big help. If you begin to experience more severe symptoms such as shortness of breath, chest pain, or persistent vomiting, or diarrhea, it is best to go to Urgent care immediately as the flu can lead to other complications. If you begin to develop symptoms of any kind, PLEASE LET ME KNOW!! Thanks to you ALL and have a Healthy February, Nurse Chelsea ➡➡➡

## ACTIVITY NEWS

➡➡➡ Happy February to all! This month features our Valentine's day party on the 14<sup>th</sup>. We will have an outside "LUNCH BUNCH" as well as an Indoor Lunch Bunch, a Movie Outing, Shopping and of course, Music Programs. Check your Activity Calendar for groups of interest and I will see you There! Family is always welcome too!

## CONGRATULATIONS

➡➡➡ Pascal S. is "Employee of the Month". Pascal has stepped up and worked several extra shifts, helped his peers and team members in their duties and of course given excellent care to the Residents he services! Thank you Pascal for being a wonderful employee! The Resident of the Month is DON R. DON is very active in the facilities Gospel Group and Bible study. He helps to inform and motivate his fellow peers to attend. He is a big help to Kevin and Paul who lead the groups as well and fellow residents appreciate his efforts! *A big thanks from Activities!*



ARLENE K.-----02/08

CHARLES C.. -----02/13

BETTY E.-----02/14

MICHAEL M.-----02/14

MARTE B.-----02/18

BARBARA Q.-----02/19

KEN M.-----02/24

JEAN D.-----02/28



02/04 Bruce Biggs @ 10:45

02/11 Rolando Ortega @ 2:45

02/14 Valentine Band @ 2:00

02/18 Gayle Chapman @ 2:45

02/24 Spudman @ 2:45

02/27 Sean Rodgers @ 2:45



